

# The Christian and the Coronavirus

## **Luke 12: 23-24 (NKJV)**

*23Life is more than food, and the body is more than clothing. 24Consider the ravens, for they neither sow nor reap, which have neither storehouse nor barn; and God feeds them. Of how much more value are you than the birds?*

## **Philippians 4:6-7 (NKJV)**

*6Be anxious for nothing, but in everything by prayer and supplication, let your presence be made known to God; 7and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

The scriptures above are just some of the words that God uses to remind us that we are first and foremost a people of faith. Our faith in God and his miraculous power has sustained us in the worst of times and continues to be the source of our joy!

It is imperative that our concern for the coronavirus does not overshadow our belief and dependence on prayer and our faith in God. Concerns should not allow fear to conquer the believer, but rather concern should further push us towards a dependence on God and His sufficiency in all situations. With that in mind, consider the following:

- **Preparation is better than panic.**

- Arm yourself with accurate information (visit local, state and national government websites)
  - [cdc.gov/coronavirus/2019-ncov](https://www.cdc.gov/coronavirus/2019-ncov)
  - [coronavirus.gov](https://www.coronavirus.gov)
  - [www.who.int/health-topics](https://www.who.int/health-topics)
- Keep a reasonable amount of food, water, and medicines in your home for any emergency.

- Work diligently to sanitize the restrooms and other areas of the building.
- **It is imperative remain active and supportive in your local congregations.**
  - In a time of crisis, CHURCH is not the place to neglect! Prayer and worship are vital to your wellbeing. The saints who assemble together in according to God's Word, are joined by the presence of the Lord in our midst.
  - Show brotherly love by praying for and with fellow Christians, checking on your neighbors, and looking for ways to support the ministry beyond your presence.
- **Good hygiene is very helpful.**
  - Wash your hands regularly and use a paper towel to contact the restroom door handle and use your elbow if it is a push door.
  - Cover your cough with a tissue, or something other than your hand. Immediately dispose of any tissue, napkin or paper towel that you use.
  - Avoid contact with people and practice social distancing. Avoid handshakes, hugs, and kisses and be sure to wash your hands thoroughly after any contact (accidental or not).
- **Above all else, God is able.**
  - The records of His healing hand are too numerous to list.
  - His ability to sustain us is without equal or question...

*God is our refuge and strength, A very present help in trouble. Therefore we will not fear... - Psalms 46:1-2a (NKJV)*