

## Sickle Sabbath Sunday Sermon Outlines

### From “Hopeless” to Hopeful to Healing (Mark 5:25-29)

- I. A “Hopeless” Situation (v. 25)
  - a. Years of suffering
  - b. Most likely single or divorcée in a male dominated society
- II. “Hopeless” Results (v. 26)
  - a. Medical treatment only made things worse
  - b. Her financial resources were gone
- III. Hopeful News (v. 27a)
  - a. She heard about Jesus
  - b. Jesus brings hope to a “hopeless” situation
- IV. Hope Brings Action (vv. 27b-29)
  - a. She pressed her way through the crowd
  - b. She had faith in Jesus to be healed
  - c. She was healed immediately
- V. Hope Brings a Testimony (vv. 28-34)
  - a. Jesus’ asks a rhetorical question
  - b. Jesus’ disciples’ negative response
  - c. The woman testifies
  - d. The woman is not only healed but blessed

*Note: This woman did not have sickle cell disease.*

### Why Do Our “Brooks” Dry Up? (1 Kings 17:1-9)

- I. What Are Our “Spiritual” Brooks?
  - a. Sources of blessings in our lives
  - b. Our physical and spiritual families
  - c. Our trust in God
- II. Why Do Our Brooks Dry Up?
  - a. The commonality of people: What can happen to you can happen to me
  - b. The nature of living: We might fool “Mother Nature” but we can’t out run “Father Time”
  - c. The pressures of life: The more I pray the worse things *seem* to get
- III. Why Are We Always Blessed in the End?
  - a. The providential will of God: We can see to the corner but God can see around the corner and beyond
  - b. A whole life of suffering on earth is nothing compared to an eternal life of joy in heaven

**Post-observance instructions:** Use the NBCUSA H.O.P.E. HHS Health Ministry Report Form to provide information about your observance. E-mail the completed form along with relevant collateral material and pictures to [hope@nationalbaptist.com](mailto:hope@nationalbaptist.com). Thanks and God bless!



## National Baptist Convention, USA, Incorporated

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### Sickle Cell Sabbath Sunday 2015 Worship Helps Sunday, September 20, 2015

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### Overview: What Is Sickle Sabbath Sunday?

Sickle Sabbath Sunday is a national faith day to raise awareness and charitable giving within congregations. As a national partner of the Sickle Cell Disease Association of America (SCDAA), the National Baptist Congress of Christian Education encourages our member churches to conduct sickle cell awareness and education activities on Sickle Sabbath Sunday.

### Facts about Sickle Cell Disease in the United States

Source: Sickle Cell Disease Association of America

Sickle Cell Disease (SCD) is an inherited blood disorder which constitutes a global health problem. Approximately 100,000 Americans are living with the disease. One in every 500 African Americans and one in every 36,000 Hispanic Americans is born with SCD. Many more Americans perhaps as many as 2.5 million – including 1 in 12 African Americans are carriers for Sickle Cell Trait (SCT). Given that these carriers are generally unaffected by SCD complications, many are unaware that their children are at increased risk for the disease.

In November 2010, the world recognized the 100th year anniversary since the discovery of the disease. Dr. James B. Herrick, an attending physician at Presbyterian Hospital and professor of medicine at Rush Medical College in Chicago, Illinois, published an article on the case of an anemic West Indian patient. Herrick’s clinical and laboratory findings of the patient’s “peculiar elongated and sickle-shaped” red blood corpuscles represent the first description of sickle cell anemia in Western medical literature.

Despite the many strides that have been made to improve the lives of those living with sickle cell disease, the SCD community still face numerous challenges. For instance:

- The average life expectancy of a person with SCD is still relatively young at 45 years of age.
- Presently there is only one (1) medication that has been FDA approved to treat those with the disease.
- There is an overwhelming shortage of physicians (primarily hematologists) that treat or specialize in SCD which makes it difficult for patients to find a primary physician.
- To date there is no comprehensive model of care within federal agencies to help reduce the major healthcare complexities that SCD patients encounter.
- Though one of the oldest diseases existing, SCD receives a significantly disproportionate amount of funding for research and treatment compared to other diseases, particularly blood disorders and;
- Most importantly, 100 years since its discovery...there is still no cure.

### What Can I Do to Help?

You can:

- Get tested and know your trait status....
- Help raise awareness by talking about sickle cell disease to family, friends and associates.....
- Become a blood donor and, if allowed, designate your donation to a hospital that serves sickle cell patients.....
- Volunteer with your local Sickle Cell Community organization for camps, programs, health fairs and other activities for the kids.....
- Donate to support better research.....
- Participate in activities at your church that support sickle cell disease awareness!

For more information, go to [www.sicklecelldisease.org](http://www.sicklecelldisease.org). These are other useful websites: [www.cdc.gov/ncbddd/sicklecell/](http://www.cdc.gov/ncbddd/sicklecell/); [www.scinfo.org/](http://www.scinfo.org/)

### Responsive Reading

***Is there no balm in Gilead,***

***Is there no physician there?***

***Why then is there no recovery***

***For the health of the daughter of my people? (Jeremiah 8:22, NKJV)***

Now a certain woman had a flow of blood for twelve years, and had suffered many things from many physicians. She had spent all that she had and was no better, but rather grew worse.

***When she heard about Jesus, she came behind Him in the crowd and touched His garment.***

For she said, "If only I may touch His clothes, I shall be made well."

***Immediately the fountain of her blood was dried up, and she felt in her body that she was healed of the affliction. (Mark 5:25-29, NKJV)***

Blessed is he who considers the poor;

The LORD will deliver him in time of trouble.

***The LORD will preserve him and keep him alive,  
And he will be blessed on the earth;  
You will not deliver him to the will of his enemies.***

The LORD will strengthen him on his bed of illness;  
You will sustain him on his sickbed. (Psalm 41:1-3, NKJV)

### Litany

Adapted from **Litany 95 "Health and Wellness"** in the *Total Praise: Songs and Other Worship Resources for Every Generation* –  
Sunday School Publishing Board

***Leader: We stand in Your presence, acknowledging You as our Creator and our all-knowing God.***

People: We thank You for creating us in Your image and after Your own likeness.

***Leader: We praise You, O God, for providing deliverance for our souls and healing for our bodies.***

People: Help us to call upon You, for You are the one who blots out our sins and heals us from our diseases.

***Leader: For the times when illnesses like sickle cell disease attack our bodies with seemingly no hope for a cure,***

People: Help us, O God, to seek You for comfort when our bodies do not respond to the remedies that we employ. We will rest in the knowledge that one day we will have new bodies that are free of sickness and pain.

***Leader: O God, You loved us so much that You gave Your Son. We now have eternal life, we have Your Spirit, we have Your Word, and we can enjoy healing that comes from You.***

People: We thank You, Lord, for Your many blessings, and for those medical personnel who give of themselves in caring for the sick. Thank You for researchers who work relentlessly to find cures for illnesses that in the past were not available. Thank You for medical facilities all over the land that provide much-needed care.

***Leader: It is You who has made us, and not we. Therefore, we will look to You as our Lord, our Savior, and our Healer.***

All: We thank You, O Lord, that it is Your desire for us to enjoy good health, even as our souls prosper.

# National Baptist Congress H.O.P.E. Health Ministry Report Form

**Church sponsoring activity:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Location of Activity:** \_\_\_\_\_

**Type of Activity:** (class, phone calls, presentation, seminar, screening, etc.)  
# of participants \_\_\_\_\_

**Purpose of Activity:** (describe briefly)  
\_\_\_\_\_  
\_\_\_\_\_

**Health Information Distributed:** (describe briefly)  
\_\_\_\_\_  
\_\_\_\_\_

**Referrals:**  
Number of referrals made to a health service or medical provider: \_\_\_\_\_

**Community Outreach:**  
Number of participants from the community (non-members): \_\_\_\_\_

**Partnerships:**  
What organizations did you partner with to promote this activity? Include contact information.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Summary of Outcomes:** (include results of evaluations, and any participant feedback)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Obstacles encountered:** (during planning or actual event)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Attach Collateral Materials/Other Comments:**  
Attach flyers, posters, copies of evaluations, or other relevant material. Include any other comments on the back of this form.

Name of Health Ministry Team Member Making this Report: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Kindly scan and e-mail to [hope@nationalbaptist.com](mailto:hope@nationalbaptist.com) or fax to (901) 366-9880.